



asian women for health
 Vì Sức Khỏe Phụ Nữ Châu Á
 亚洲健康女性

AWFH is a non-profit dedicated to advancing the health and well-being of Asian women and people from diverse, underrepresented backgrounds through education, community engagement, and representation.



Parkinson's Disease (PD) Facts

While Parkinson's Disease (PD) impacts 10 million people globally, its effects on Asian Americans and other underrepresented communities remain less understood. We hope this fact sheet can foster awareness, promote conversation, and inspire mutual support.

There are **limited studies and data**

regarding Parkinson's Disease among Asian Americans, specifically Vietnamese-Americans.



PD-related therapy services (physical, occupational, and speech-language) has a

below-average

utilization rate for Asian Americans.

A 2023 study published in *Neurology*® found that **Black, Hispanic, and Asian** individuals with Parkinson's Disease have a

lower health-related quality of life.

Learn more about our project to support Asian Americans with PD:



asianwomenforhealth.org



awfh.org/newslettersignup



accessPD@asianwomenforhealth.org

Parkinson's Disease is...

a brain disorder that causes **unintended or uncontrollable movements**, such as shaking, stiffness, and difficulty with balance and coordination.

Non-motor symptoms include



Emotional changes



Difficulty swallowing, chewing, and speaking



Urinary problems or constipation



Skin problem (increased risk of melanoma)

and more...

Help Resources

American Parkinson Disease Association (APDA) Helpline
 1-800-223-2732

Parkinson's Foundation Helpline
 1-800-473-4636

APDA Publications
 (available in Spanish and Chinese)
awfh.org/APDAPublications